Psychoanalysis and Literature: The Stories We Live, Marilyn Charles pairs case vignettes with examples from literature to highlight the essential human struggles that play out in the consulting room. This pairing depathologizes those struggles and offers a conceptual framework that can help the clinician facilitate these journeys of discovery. Describing first how literature affords an opportunity for vicarious engagement with struggles endemic to the human condition, she then focuses on trauma, dreams, and "cultural collisions" turning more explicitly to the developmental challenges of identity, relatedness, aging, and generativity. Psychoanalysis and Literature is accessible, relevant, and timely.

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